

- Smoothies -

\$6.²⁰

Green Power - kale, pear, banana, almond butter, soymilk

Brazilian Bombshell - açai, cherry, blueberry, mango,
banana, agave, soymilk

Terri Berri - strawberry, raspberry, blueberry, soymilk, agave

Summers Day - mango, banana, pear, raspberry, OJ

Sunset Proposal - pineapple, mango, banana, coconut, OJ,
soymilk

* smoothies can be made with rice or almond milk

* add ins \$.69 - \$.92 extra

Rice, Soy or Hemp Protein, flax, Glutamine, Vitamin C , Creatine

- Juices -

\$6.²⁰

Live Long & Green - cucumber, spinach, apple, lemon,
ginger

Lady in Red - beet, pineapple, carrot, orange

The Perfect Pear - pear, cucumber, spinach, celery

Ask about our **Terri** juice cleanse
cleanse@**Terri**NYC.com

- Drinks -

Ginger Shot (add-in) \$ 1.⁸⁴

Strawberry Mint Lemonade \$3.⁴⁵

Ginger Lemonade \$3.⁴⁵

Coconut Water \$4.¹³ sm \$8.⁵⁰ lg

Stumptown Coffee \$1.⁸⁴ sm \$2.⁵³ lg

Iced Coffee \$2.⁵³

Fair Trade Teas \$1.⁸⁴ sm \$2.⁵³ lg

- Shakes -

Chocolate, Vanilla \$5.⁵¹

Chocolate-Peanut Butter, Butterfinger, \$6.²⁰

Strawberry, Chocolate Strawberry, \$6.²⁰

Java \$6.²⁰

Terri

Vegetarian ~ Organic

Delivery & Catering

(212) 647 - 8810

Monday - Friday
6 am - 11 pm

Saturday and Sunday
8 am - 9 pm

60 w. 23rd Street
New York, NY 10010

TerriNYC.com

Terri@TerriNYC.com

- Sandwiches -

\$8.⁰⁵

Buffalo Chicken - 'chicken', Buffalo sauce, vegenaise, lettuce, tomato, onion, celery **spicy**

Chickpea 'Tuna' Melt - chickpea salad, daiya cheddar, tomato, red onions, vegenaise

Bacon Cheddar Chicken Ranch - 'chicken', soy bacon, daiya cheddar, ranch sauce, lettuce

Meatball Sub - 'meatballs', homemade marinara sauce, daiya mozzarella

Thanksgiving - Tofurky, homemade cranberry sauce, vegenaise, celery, crushed walnuts

Portobello - cashew basil pesto, marinated portobellos, zucchini, mixed peppers, balsamic reduced red onions

Roasted Vegetable - eggplant, squash, sun-dried tomatoes, peppers, kalamata olives, balsamic vinaigrette

- Wraps -

\$8.⁰⁵

Hummus & Avocado - hummus, avocado, smoked tofu, hot peppers, lettuce, tomato **spicy**

Chicken Caesar - grilled 'chicken', herbed croutons, tomato, lettuce, Caesar dressing

Breakfast Scramble - scrambled tofu, Italian 'sausage', spinach, daiya cheddar, hot sauce **spicy**

Thai Chicken - 'chicken', Thai peanut sauce, lettuce, carrots, mixed peppers

Quesadilla - 'chicken', daiya cheddar and mozzarella, mixed peppers, onions, hot sauce **spicy** (\$6.⁴³)

* Gluten-free bread and tortillas available *

Add Ons

\$1.³⁸

avocado, 'chicken', 'bacon', hummus, tofu, meatballs, portobello \$1.⁸⁴

daiya mozzarella, daiya cheddar cheese \$.⁹²

- Salads -

\$6.⁸⁹

Spinach - spinach, hearts of palm, avocado, jicama, red onion, creamy cilantro dressing

Mixed - mixed greens, quinoa, peppers, red onions, cranberries, walnuts, balsamic vinaigrette

Caesar - romaine lettuce, grilled 'chicken', tomatoes, Caesar style dressing

Bean - our special six-bean-blend, corn, peas, sweet and spicy dressing

Beet - red and yellow beets, baby arugula, walnuts, orange citronette dressing

- Sides -

Roasted Sweet Potatoes, Quinoa Salad, Potato Salad, Bean Salad

\$3.²¹ (or \$2.³⁰ w/Sandwich or Wrap)

Soup of the Day

\$4.⁵⁹ (or \$3.²¹ w/Sandwich or Wrap)

- Desserts -

\$2.⁷⁶

Chocolate Cupcake with Vanilla Buttercream Frosting, Gluten - Free Vanilla Cupcake with Chocolate Frosting **NEW!**, Peanut Butter Cookie, **NEW!**

Apple Cider Donut,

Chocolate Mocha Brownie,

Chocolate Chip Cookie,

Oat-Date Bar,

Banana Walnut Bread,

Apple Pie Tartlet, \$4.³⁷ **NEW!**

Blueberry & Raspberry Muffin \$2.³⁰